

All That Is

The spiritual entity Seth speaks on God.

Seth uses the word "God" sparingly, usually when speaking to students who are used to thinking in theological terms. As a rule, he speaks of "*All That Is*" or "Primary Energy Gestalts."

"Some of this discussion is bound to be distorted, because I must explain it to you in terms of time as you understand it. So I will speak, for your benefit, of some indescribably distant past in which these events occurred.

"*All That Is* retains memory of that state, and it serves as a constant impetus--in your terms--toward renewed creativity. Each self, as a part of *All That Is*, therefore also retains memory of that state. It is for this reason that each minute consciousness is endowed with the impetus toward survival, change, development, and creativity. It is not enough that *All That Is*, as a primary consciousness gestalt desires further being, but that each portion of It also carries this determination.

"Yet the agony itself was used as a means, and the agony itself served as an impetus, strong enough so that *All That Is* initiated within Itself the means to be.

"If--and this is impossible--all portions but the most minute last 'unit' of *All That Is* were destroyed, *All That Is* would continue, for within the smallest portion is the innate knowledge of the whole. *All That Is* protects Itself, therefore, and all that It has and is and will create.

"When I speak of *All That Is*, you must understand my position within It. *All That Is* knows no other. This does not mean that there may not be more to know. It does not know whether or not other psychic gestalts like It may exist. It is not aware of them if they do exist. It is constantly

searching. It knows that something else existed before Its own primary dilemma when It could not express Itself.

"It is conceivable, then, that It has evolved, in your terms, so long ago that It has forgotten Its origin, that It has developed from still another Primary which has--again, in your terms--long since gone Its way. So there are answers that I cannot give you, for they are not known anywhere in the system in which we have our existence. We do know that within this system of our *All That Is*, creation continues and developments are never still. We can deduce that on still other layers of which we are unaware, the same is true. (Bohm's Wholeness?)

"The first state of agonized search for expression may have represented the birth throes of *All That Is* as we know It. Pretend, then, that you possessed within yourself the knowledge of all the world's masterpieces in sculpture and art, that they pulsed as realities within you, but that you had no physical apparatus, no knowledge of how to achieve them, that there was neither rock nor pigment nor source of any of these, and you ached with the yearning to produce them. This, on an infinitesimally small scale, will perhaps give you some idea of the agony and impetus that was felt.

"Desire, wish, and expectation rule all actions and are the basis for all realities. Within *All That Is*, therefore, the wish, desire, and expectation of creativity existed before all other actuality. The strength and vitality of these desires and expectations then became in your terms so insupportable that *All That Is* was driven to find the means to produce them.

"In other words, *All That Is* existed in a state of being, but without the means to find expression for Its being. This was the state of agony of which I spoke. Yet it is doubtful that without this 'period' of contracted yearning, *All That Is* could concentrate Its energy sufficiently enough to create the realities that existed in probable suspension within It.

"The agony and the desire to create represented Its proof of Its own reality. The feelings, in other words, were adequate proof to All That Is that It was.

"At first, in your terms, all of probable reality existed as nebulous dreams within the consciousness of *All That Is*. Later, the unspecific nature of these 'dreams' grew more particular and vivid. The dreams became recognizable one from the other until they drew the conscious notice of *All That Is*. And with curiosity and yearning, *All That Is* paid more attention to Its own dreams.

"It then purposely gave them more and more detail, and yearned toward this diversity and grew to love that which was not yet separate from itself. It gave consciousness and imagination to personalities while they still were but within Its dreams. They also yearned to be actual.

"Potential individuals, in your terms, had consciousness before the beginning or any beginning as you know it, then. They clamored to be released into actuality, and *All That Is*, in unspeakable sympathy, sought within Itself for the means.

"In Its massive imagination, It understood the cosmic multiplication of consciousness that could not occur within that framework. Actuality was necessary if these probabilities were to be given birth. *All That Is* saw, then, an infinity of probable, conscious individuals, and foresaw all possible developments, but they were locked within It until It found the means.

"This was in your terms a primary cosmic dilemma, and one with which It wrestled until *All That It Was*, was completely involved and enveloped within that cosmic problem.

"Had It not solved it, *All That Is* would have faced insanity, and there would have been, literally, a reality without reason and a universe run wild.

"The pressure came from two sources: from the conscious but still probable individual selves who found themselves alive in a God's dream, and from the God who yearned to release them.

"On the other hand, you could say that the pressure existed simply on the part of the God since the creation existed within Its dream, but such tremendous power resides in such primary pyramid gestalts that even their dreams are endowed with vitality and reality.

"This, then, is the dilemma of any primary pyramid gestalt: It creates reality. It also recognized within each consciousness the massive potential that existed. The means, then, came to It. It must release the creatures and probabilities from Its dream.

"To do so would give them actuality. However, it also meant 'losing' a portion of Its own consciousness, for it was within that portion that they were held in bondage. *All That Is* had to let go. While It thought of these individuals as Its creations, It held them as a part of Itself and refused them actuality.

"To let them go was to 'lose' that portion of Itself that had created them. Already It could scarcely keep up with the myriad probabilities that began to emerge from each separate consciousness. With love and longing It let go that portion of Itself, and they were free. The psychic energy exploded in a flash of creation. (Big Bang?)

"*All That Is*, therefore, 'lost' a portion of Itself in that creative endeavor. *All That Is* loves all that It has created down to the least, for It realizes the dearness and uniqueness of each consciousness which has been wrest from such a state and at such a price. It is triumphant and joyful at each development taken by each consciousness, for this is an added triumph against that first state, and It revels and takes joy in the slightest creative act of each of Its issues.

"It, of Itself and from that state, has given life to infinities of possibilities. From its agony, It found the way to burst forth in freedom, through expression, and in so doing gave existence to individualized consciousness. Therefore is It rightfully jubilant. Yet all individuals remember their source, and now dream of *All That Is* as *All That Is* once dreamed of them. And they yearn toward that immense source. . . and yearn to set It free and give It actuality through their own creations.

"The motivating force is still *All That Is*, but individuality is no illusion. Now in the same way do you give freedom to the personality fragments within your own dreams and for the same reason. And you create for the same reason, and within each of you is the memory of that primal agony--that urge to create and free all probable consciousness into actuality.

"I have been sent to help you, and others have been sent through the centuries of your time, for as you develop you also form new dimensions, and you will help others.

"These connections between you and *All That Is* can never be severed, and Its awareness is so delicate and focused that Its attention is indeed directed with a prime creator's love to each consciousness.

"This session needs reading many times. for there are implications not at first obvious."

In other words, the whole frame of reality according to Seth includes far more than reincarnation and development within the physical system that we know...The most important point I think is that God is not static Himself...Seth...discusses the potentials and makeup of consciousness as it is manifest in molecules, man and pyramid energy gestalts...But as Seth says, "...Even this overall energy gestalt is not static. Most of your God concepts deal with a static God and here is one of your main theological difficulties. The awareness and experience of this gestalt constantly changes and grows. There is no static God. When

you say. 'This is God,' then God is already something else; I am using the term 'God' for simplicity's sake.

"All portions of *All That Is* are constantly changing, enfolding and unfolding. *All That Is*, seeking to know Itself, constantly creates new versions of Itself. For this seeking Itself is a creative activity and the core of all action. (Bohm's implicate and explicate orders?)

"Entities, being action, always shift and change. There is nothing arbitrary about their boundaries. Some personalities can be a part of more than one entity. Like fish, they can swim in other streams. Within them is the knowledge of all of their relationships.

"Any personality can become an entity on its own. This involves a highly developed knowledge of the use of energy and its intensities. As atoms have mobility, so do psychological structures.

"Consciousness, seeking to know itself, therefore knows you. You, as a consciousness, seek to know yourself and become aware of yourself as a distinct individual portion of *All That Is*. You not only draw upon this overall energy but you do so automatically since your existence is dependent upon It.

"There is no personal God-individual in Christian terms," Seth says, "and yet you do have access to a portion of *All That Is*, a portion highly attuned to you. . . . There is a portion of *All That Is* directed and focused within each individual, residing within each consciousness. Each consciousness is, therefore, cherished and individually protected. This portion of overall consciousness is individualized within you.

"The personality of God as generally conceived is a one-dimensional concept based upon man's small knowledge of his own psychology. What you prefer to think of as God is, again, an energy gestalt or pyramid consciousness. It is aware of itself as being, for instance, you. It is aware of itself as the smallest seed. . . . This portion of *All That Is*

that is aware of itself as you, that is focused within your existence, can be called upon for help when necessary .

"This portion is also aware of itself as something more than you. This portion that knows itself as you, and as more than you, is the personal God, you see. Again: this gestalt, this portion of *All That Is*, looks out for your interests and may be called upon in a personal manner.

"Prayer contains its own answer, and if there is no white-haired kind old father-God to hear, then there is instead the initial and ever expanding energy that forms everything that is and of which each human being is a part.

"This psychic gestalt may sound impersonal to you, but since its energy forms your person, how can this be?

"If you prefer to call this supreme psychic gestalt God, then you must not attempt to objectify him, for he is the nuclei of your cells and more intimate than your breath."

..."You are co-creators. What you call God is the sum of all consciousness, and yet the whole is more than the sum of Its parts: God is more than the sum of all personalities, and yet all personalities are what He is.

"There is constant creation. There is within you a force that knew how to grow you from a fetus to a grown adult. This force is part of the innate knowledge within all consciousness, and it is a part of the God within you.

"The responsibility for your life and your world is indeed yours. It has not been forced upon you by some outside agency. You form your own dreams, and you form your own physical reality. The world is what you

are. It is the physical materialization of the inner selves which have formed it."

Excerpt from Chapter 18: The Seth Material by Jane Roberts (1970).