

# Taken

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The title for this piece, unlike the book by the same title, has nothing to do with alien abductions. It is drawn from something one of my sons used to say when very young. If asked why he did something he would often reply, "It just took me." That observation seems apropos to the content of this essay.

After reading and listening to a number of people that I feel confident are spiritually enlightened people, I have come away with the following points about Enlightenment:

1. You can't develop it. There are no steps you can master one at a time. It is not like working through a belt system in karate. There is no black belt to be attained in the end.

2. You can't learn it. The study of theology or philosophy will not help. As one Enlightened being remarked, "...many of you are too intelligent for your own good. You have developed ways of interpreting the world that are highly complex. And so in order to address you...I am called upon to help you get past your education back to the simplicity of being, which is that God is Love...."

3. You can't earn it. Being charitable and doing good works may make you feel good and may be needed and appreciated by the recipients, but they do not contribute to some "spiritual score board."

Enlightenment is equally available to a serial killer and a pious nun. Going to church and going to a casino are equally efficacious. In short, you have no control over it. It is largely out of your hands. It just takes you.

So, how do you come to be taken? The simple answer is by *Grace*\*. Most of the sources I've read or heard suggest that there are only two things that you can do that might serve as an "invitation" to *Supraliminal\* Consciousness* (Christ Spirit, Buddha Nature, Holy Spirit, Shakti or what have you) to manifest. The operative word here is "might." The first is meditation. The specific practice is not important as long as it makes the *fictive-self\** or ego transparent. This simply means getting mentally out of the way so that there is an opening through which Supraliminal Consciousness can shine through your mask. A transparent self is essentially what was discussed in *The Natural Mind*.\* Returning to this state of mind has many benefits in and of itself. It is not, however, a condition necessary for Grace. The second is by *Transmission*.\* Transmission is an invitation extended through a person in whom full enlightenment has manifested. Contact with the power of Supraliminal Consciousness emanating from such a person can create an opening in those exposed. The operative word here is "can." Neither of these two methods will manifest Consciousness. In the end, it is entirely dependent upon Grace.

## Terminology

\*Grace, a non-contingent, unconditional gift. It is independent of any response you can make to affect it.

\*Supraliminal, liminal refers to a threshold of perception. Think of the Unified Field of Consciousness flowing through you like a beam of light. Conscious awareness is comprised of those frequencies of the light that you can perceive. There are frequencies that are both below (sub) and above (supra) your conscious awareness.

\*Fictive-self, see *The Natural Mind* below.

\*Natural Mind, a state of unconditioned awareness unobstructed by your story about yourself. Click here for [The Natural Mind](#).

\*Transmission, a term in a spiritual context that means transmitting a level of subtle energy that is only present in a fully enlightened person that can provide an opening in the perceptual barrier between conscious awareness and

Supraliminal Consciousness. In early Christian practice this was called Initiation or Conveying Blessing and probably has had no real role in Christianity in nearly two thousand years. In Siddha Yoga this is called Shaktipat and has been and still is a recognized practice. It is not commonly practiced but is available through a small number of persons.