APPENDIX

Profile of Negative Classroom Behavior

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Center, D., & Wascom, A. (1986). Teacher perceptions of social behavior in learning disabled and socially normal children and youth. <u>Journal of Learning Disabilities</u>, 19, 420-425.

Center, D., & Wascom, A. (1987). Teacher perceptions of social behavior in behavior disordered and socially normal children and youth. <u>Behavioral Disorders</u>, 12, 200-206.

^{*} This scale is adapted from research conducted by Center and Wascom (1986 & 1987).

Profile of Negative Classroom Behavior

David Center

This survey is a measure of negative classroom behavior. This assessment involves rating how often students in your class engage in the behavior described in the survey items and how serious of a problem you consider the behavior to be. When rating a given item, you should try to recall particular situations where your students have demonstrated the behavior. Do <u>not</u> rate a class with which you have had less than 60 days of contact.

Check the appropriate items below:

A. Type of program I teach in:
1. Behavior Disordered
2. Learning Disabled
3. Mentally Retarded
4. Interrelated
5. Regular Education
6. Other (Specify)
B. Number of students I teach who are:
8. Asian
9. Black
10. Caucasian
11. Hispanic
12. Other (Specify)
C. The service delivery model I use is:
13. Regular class inclusion
14. Consulting
15. Resource
16. Self-Contained
17. Special Day School or Center
18. Residential School
19 Other (Specify)

D. Grade level of my program:	
20. Early Childhood 21. Elementary	
22. Middle School or Junior High	
23. High School	
E. Geographical location of my school:	
24. Urban School	
25. Suburban School	
26. Rural School	
Please, use the answer sheet on the	back of this page.

PNCB Answer Sheet

Rate your classroom on each PNCB item for **frequency** and **seriousness** and multiply the two ratings. Place the product of the multiplication, from 0-9, in the blank beside the PNCB item number below. For example, $0 \times 0 = 0$ (doesn't occur and isn't a problem) or $3 \times 1 = 3$ (occurs daily and is a nuisance) or $2 \times 3 = 6$ (occurs weekly and is a serious problem).

Frequ	uency		Serio	usness		
1 = occurs mod $2 = $ occurs we	ccur in my class onthly in my clase eekly in my class ily in my class	ass	0 = not a prob 1 = a nuisance 2 = a problem 3 = a serious	e 1	1	
1	18	35	52	69		
2	19	36	53	70		
3	20	37	54	a		
4	21	38	55	b		
5	22	39	56	c		
6	23	40	57	d		
7	24	41	58	e		
8	25	42	59			
9	26	43	60		PNCB Anal	ysis:
10	27	44	61		Levels:	Categories:
11	28	45	62		A	1
12	29	46	63		В	2

13. ____

30. ____ 47. ___ 64. ___

C. ____

3.____

14. ____

31. ____

48. _____

65. ____

D. ____

4.____

15. _____

32. ____ 49. ___

66. ____

5.____

16. ____

33. _____

50. ____

67. ____

6.____

17. _____ 51. ____ 68. ____

Profile of Negative Classroom Behavior

David Center

After reading each item, place your rating for your class on the answer sheet provided or in the space adjacent to each item. Rate each PNCB item, from 0-3, for **frequency** and **seriousness** and multiply the two ratings. Place the product of the multiplication, from 0-9, in the blank beside the PNCB item number below. For example, $0 \times 0 = 0$ (doesn't occur and isn't a problem) or $3 \times 1 = 3$ (occurs daily and is a nuisance) or $2 \times 3 = 6$ (occurs weekly and is a serious problem).

Frequency **Seriousness** 0 = doesn't occur in my class0 = not a problem in my class1 = occurs monthly in my class 1 = a nuisance in my class 2 =occurs weekly in my class 2 = a problem in my class 3 = occurs daily in my class 3 = a serious problem in my class I have students who do not complete tasks or activities. ____1. 2. I have students who cannot complete work within time limits. 3 I have students who don't pay attention when instructions are being given. 4. I have students who can't or won't follow instructions. 5. I have students who don't perform up to their ability level in one or more instructional areas. 6. I have students who deliberately make distracting noises. ___ 7. I have students who speak-out without permission. 8. I have students who do not stay in their seat. 9. I have students who seek attention in inappropriate ways. 10. I have students who leave the classroom without permission.

I have students who react with more anger than a situation calls for.

11.

Frequency

Seriousness

	cur in my class	0 = not a problem in my class		
	onthly in my class ekly in my class	1 = a nuisance in my class 2 = a problem in my class		
	ily in my class	3 = a serious problem in my class		
		, , , , , , , , , , , , , , , , , , , ,		
12.	I have students who are too depende	ent on others.		
13.	I have students who are physically aggressive when they take issue with someone			
14.	I have students who put themselves	down.		
15.	I have students who take advantage	of others.		
16.	I have students who are pessimistic.			
17.	I have students who interrupt others			
18.	I have students who give the impres	sion that they are experts on everything.		
19.	I have students who are impatient.			
20.	I have students who argue or talk-ba	ck when given instructions.		
21.	I have students who talk negatively	about others when they are not present.		
22.	I have students who insult others.			
23.	I have students who use threat and in	ntimidation to get what s/he wants.		
24.	I have students who make others fee	el they are competing with them.		
25.	I have students who reject or criticize	e other people before knowing much about them.		
26.	I have students who hurt other peop	le while striving to reach their goals.		
27.	I have students who talk repeatedly	about their problems and worries.		

Frequency **Seriousness** 0 = doesn't occur in my class0 = not a problem in my class1 = occurs monthly in my class 1 = a nuisance in my class 2 = occurs weekly in my class 2 = a problem in my class 3 = occurs daily in my class 3 = a serious problem in my class 28. I have students who get into arguments. 29. I have students who are sore losers. 30. I have students who give unsolicited advice. 31. I have students who order rather than request people to do something. 32. I have students who make embarrassing comments. 33. I have students who won't interact with peers or participate in their activities. 34. I have students who make fun of others. 35. I have students who take or use things that aren't theirs without permission. ____36. I have students who blame others for their problems. 37. I have students who hurt others' feelings when teasing them. 38. I have students who speak in a whining tone. 39. I have students who dominate conversations they have. 40. I have students who are sarcastic. 41. I have students who tell people what they think people want to hear. 42. I have students who refuse to change their opinions or beliefs. 43. I have students who criticize people when they talk to them.

I have students who complain about trivial matters.

44.

Frequency Seriousness 0 = doesn't occur in my class0 = not a problem in my class1 = occurs monthly in my class 1 = a nuisance in my class 2 = occurs weekly in my class 2 = a problem in my class 3 =occurs daily in my class 3 = a serious problem in my class 45. I have students who perceive insults or criticism when none were intended. 46. I have students who mistakenly think they are being treated unjustly or unfairly. 47. I have students who use facial expressions (e.g., rolling eyes) or sounds (e.g., sighs) that offend others. 48. I have students who easily become angry. 49. I have students who try to manipulate others to do what they want. I have students who allow others to do things for them without reciprocating. 50. 51. I have students who act like they are superior to other people. 52. I have students who do not reveal their feelings. 53. I have students who brag about their accomplishments and abilities. 54. I have students who seem bored when interacting with others.

I have students who gloat when they win.

engage in themselves.

I have students who talk too much about themselves.

I have students who explain things in too much detail.

I have students who make sounds (e.g., burping, sniffling) that disturb others.

I have students who criticize behaviors or practices of other people which they

55.

56.

57.

58.

59.

Frequency

Seriousness

	cur in my class	0 = not a problem in my class		
	onthly in my class ekly in my class	1 = a nuisance in my class 2 = a problem in my class		
3 = occurs dai	•	3 = a serious problem in my class		
	-55			
60.	I have students who deceive others for	or personal gain.		
61.	I have students who hold grudges.			
62.	I have students who seek revenge wh	nen they believe they have been wronged.		
63.	I have students who will cheat to get	what they want.		
64.	I have students who will steal to get	what they want.		
65.	I have students who have a document	ated history of carrying weapons.		
66.	I have students who use profanity and/or obscenities when they talk.			
67.	I have students who use drugs or alc	ohol at school.		
68.	I have students who exhibit gender inappropriate behavior.			
69.	I have students who exhibit sexual behavior inappropriate for their age.			
70.	I have students who engage in public	c sexual displays.		
Others:				
a.				
b.				
c.				
d.				
e.				

Problem Level Analysis of the PNCB

The larger the number of problems and the more serious they are the more structured and specialized your behavior management plan needs to be.

<u>Proble</u>	em Levels:		
A.	0 indicates no problem:		·
	The number of items with a score of 0		
	Percent of total (#/70 x 100) (If you added items increase 70 by the number of items added)		
B.	1 or 2 indicates a mild problem:		
	The number of items with a score of 1 or 2		
	Percent of total (#/70 x 100)		
C.	3 or 4 indicates a moderate problem:		
	The number of items with a score of 3 or 4		
	Percent of total (#/70 x 100)		
D.	6 or 9 indicates a serious problem:		
	The number of items with a score of 6 or 9		
	Percent of total (#/70 x 100)		
Place	No, Mild, Mod or Ser, from above, in the blank	<u>ks below</u> :	
Large	est problem level by percent		
Small	lest problem level by percent		

Problem Category Analysis of the PNCB

Classification of Behaviors:

Conduct Behavior (15):

6, 7, 8, 9, 10, 12, 18, 19, 38, 44, 51, 57, 68, 69, 70

Dangerous Behavior (4):

13, 23, 65, 67

Emotional Behavior (15):

11, 14, 16, 25, 27, 29, 36, 42, 45, 46, 48, 52, 55, 61, 62

Moral Behavior (14):

15, 21, 26, 34, 35, 37, 41, 49, 50, 59, 60, 63, 64, 66

Task Behavior (5):

1, 2, 3, 4, 5

Social Behavior (17):

17, 20, 22, 24, 28, 30, 31, 32, 33, 39, 40, 43, 47, 53, 54, 56,

58

Category Averages:

Compute the average for the items in each classification category by adding the ratings for the items in each category and dividing the sum by the number of items in the category. If you have added items of your own to the scale, decide which category each one belongs in and include it in the computation. Round your averages to the nearest whole number. Place the results in the blanks below or in the blanks on the answer sheet

1.	Conduct Behavior	 4.	Dangerous Behavior	
2.	Emotional Behavior	 5.	Moral Behavior	
3.	Social Behavior	 6.	Task Behavior	

An average rating of from 0-2 represents a mild level of concern. An average rating of from 3-4 represents a moderate level of concern. An average rating of 5 or above represents a serious level of concern.

Culminating Activity

Drawing on the material covered in this class (EXC 704), devise a comprehensive classroom management program. Devise a plan based on the <u>Profile of Negative Classroom Behavior</u> that you completed on your classroom. If you do not have a classroom or your profile indicates no need for a behavior management plan, you should request a profile to use for planning purposes. If your problems are largely at the mild to moderate level draw mostly on the material in Part One for your plan. If your problems are largely at the moderate to serious level draw mostly on the material in Part Two for your plan. Include a copy of the summary sheet from the PNCB with your plan. Employ the following outline:

- A. Focus of this plan:
 - 1. Proble Level:
 - 2. Type of Program:
 - 3. Age Range:
- B. Motivation:
 - 1. Academic and task related behavior
 - a. Subject areas
 - b. Task behaviors (list problems from PNCB, Cat. 6)
 - b. Application of Strategy or strategies to (a) & (b)
 - 2. Prosocial classroom behavior
 - a. Focus behaviors (list problems from PNCB, Cat. 3)
 - b. Application of Strategy or strategies to (a)
- C. Problem Behaviors:
 - 1. Routine conduct behavior
 - a. Target behaviors (list problems from PNCB, Cat. 1)
 - b. Application of Strategy or strategies to (a)
 - 2. Dangerous behavior
 - a. Target behaviors (list problems from PNCB, Cat. 4)
 - b. Application of Strategy or strategies to (a)

The plan should be typed and follow the above outline. If you are required to maintain a portfolio, keep a copy of this plan for your portfolio.

An illustrative example follows. DO YOUR OWN WORK. DO NOT MIMIC THE EXAMPLE! You should reference your procedures to the appropriate chapter and procedure in the manual. If you

An Example of a Plan Based on Basic Techniques (Part I)

A. Focus of this Plan

1. Level: Mild to Moderate

2. Type of Program: Self-contained EBD

3. Age Range: Ages 9 to 12

B. Motivation

1. Academic and task related behavior

- a. The specific subjects that I will need to motivate performance in are:
 - 1. Reading
 - 2. Math
 - 3. Language Arts

b. Motivation Strategies:

My program will employ a program to provide recognition of academic accomplishment based on the material in Chapter Two. This program will make use of various awards, such as, an honors list and letters of commendation. It will also provide rewards for students who are recognized for their accomplishments, such as, special privileges and discount coupons from various community enterprises, such as, video rentals and miniature golf. Awards will be given to the three students with the highest achievement and to the three who show the most improvement from one grading period to the next.

I will employ curriculum adjustment to help my students progress in their academic work. This will be based on the material in Chapter Two. I will use the developmental curriculum model to selectively target my task at the most appropriate developmental level of each student. Where necessary I will also make various curriculum adaptations, such as, use of advance organizers and alternative products.

I will make use of social reinforcement for task completion and accurate performance on academic tasks. I will follow the guidelines for Attention for Compliance presented in Chapter Three.

I will also employ a Surprise Token program based on the material in Chapter Three. This program will focus on reinforcing students for being on-task during independent work. Tokens will be exchangeable for reinforcers on a reward menu complied using student input about desired rewards.

2. <u>Prosocial classroom behavior</u>

a. Focus behaviors:

- 1. Cooperation in groups
- 2. Comply with instructions
- 3. Disagree without arguing
- 4. Show respect for others

b. Motivation Strategies:

I will use cooperative learning groups based on the material in Chapter Seven. These groups will be employed to promote group cohesion and cooperation among the students in setting and meeting group task goals. I will make use of a group contingency contract for each cooperative group to reward the group for appropriate group participation and achievement of group task goal(s). I will follow the guidelines for contracting presented in Chapter Three.

I will develop a group program on Social Decision Making based on the material in Chapter Seven. The objective of this group will be to encourage more reflective responding to interpersonal interactions related to prosocial focus behaviors and to teach appropriate interpersonal responses reflective of these behaviors. I will make use of social reinforcement for appropriate participation by individuals in this group and to reinforce use of the behaviors taught in the group. Reinforcement will follow the guidelines for Attention for Compliance presented in Chapter Three.

B. Problem Behaviors:

1. Routine conduct problems

a. Specific Behaviors:

- 1. Speaking without permission
- 2. Leaving the classroom without permission
- 3. Making distracting noises.
- 4. Complaining about trivial matters
- 5. Being out of seat without permission

b. Intervention Strategies:

I will establish clear expectations for responsible behavior in my classroom (based on

behaviors in (a) above) following the guidelines in Chapter Two. This will consist of a printed set of positively stated responsible behaviors that will be given to each student.

I will use the process of Proximity Control discussed in Chapter Two to help reduce minor problem behaviors in my classroom. This will entail arranging my room to increase the level of visual proximity control present in my classroom. I will also make use of signal control, such as calling the student's name and using a hand signal for quiet or on-task, and physical proximity control to help a student who is engaged in minor problem behavior to control his or her behavior.

I will make use of social reinforcement for appropriate compliance with the expectations for responsible behavior following the guidelines for Attention for Compliance presented in Chapter Three. I will establish a group consequence for appropriate conduct behavior related to my expectations (class rules) for conduct behavior. This program will be based on the material in Chapter Three. The program will also employ graphic feedback on the group's behavior.

2. Dangerous behavior

- a. Specific Behavior(s):
 - 1. Physical aggression and intimidation
- b. Intervention Strategies:

I will conduct an emotional self-management program with my students based on the material in Chapter Six. This program will be designed to help them better assess their emotional state as well as the emotional state of others. They will also learn to use techniques, such as, Passive Concentration and Time-out from Aversiveness, to manage their own states of negative emotional arousal. I will make use of social reinforcement for appropriate participation by individuals in this program following the guidelines for Attention for Compliance presented in Chapter Three.

When there is a significant interpersonal problem between two or more students, I will, where appropriate, use the Conflict Resolution process described in Chapter Seven to help the students attempt to find a solution that satisfies all parties.

For individual problems that do not yield to any of the above programs, I will consider using an individually designed behavior modification program based on the material in Chapter Four.

Index of Negative Student Behavior

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Atlanta, GA

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^{*} This scale is adapted from research conducted by Center and Wascom (1986 & 1987).

Index of Negative Student Behavior

David Center

Student:	Date:
demonstrates the behaviors in those situation you should try to recall particular situations	avior. This assessment involves rating how often a in the survey items. Rate how often the student as where they might occur. When rating a given item, where the student has demonstrated the behavior. Do ss than 60 days of contact. Your cooperation is greatly
Check the appropriate items below:	
A. Sex:	D. Category:
1. Male 2. Female B. Race:	9. Behavior Disordered 10. Learning Disabled 11. Mentally Retarded 12. Socially Normal 13. Other (Specify)
3. Black 4. Caucasian 5. Hispanic 6. Oriental 7. Other (Specify)	E. Service Model: 14. Inclusion15. Resource16. Self-contained17. Other (Specify)
C. Age:	
8. Years old	F. Geographical Location
	18. Urban School19. Suburban School20. Rural School
INSB AN	(Over) NSWER SHEET

After reading each item, place your rating for the student on the answer sheet provided. Rate the student using his or her **normal peers** (same age, sex, and race), as a frame of reference, using the following scale.

 0 = much less frequently than peers 1 = less frequently than peers 2 = about the same as peers 				equently than peers ore frequently than peers
1	18	35	52	69
2	19	36	53	70
3	20	37	54	a
4	21	38	55	b
5	22	39	56	c
6	23	40	57	d
7	24	41	58	e
8	25	42	59	
9	26	43	60	Category means from
10	27	44	61	INSB Analysis page:
11	28	45	62	1
12	29	46	63	2
13	30	47	64	3
14	31	48	65	4
15	32	49	66	5
16	33	50	67	6
17.	34.	51.	68.	

Index of Negative Student Behavior

David Center

After reading each item, place your rating for the student on the answer sheet provided. Rate the student using his or her **normal peers** (same age, sex, and race), as a frame of reference, using the following scale.

0 = much less frequently than peers 1 = less frequently than peers 2 = about the same as peers

	3 = more frequently than peers
	4 = much more frequently than peers
1.	The student does not complete tasks or activities.
2.	The student cannot complete work within time limits.
3	The student doesn't pay attention when instructions are being given.
4.	The student can't or won't follow instructions.
5.	The student doesn't perform up to ability level in one or more instructional areas.
6.	The student deliberately makes distracting noises.
7.	The student speaks-out without permission.
8.	The student does not stay in his/her seat.
9.	The student seeks attention in inappropriate ways.
10.	The student leaves the classroom without permission.
11.	The student reacts with more anger than a situation calls for.
12.	The student is too dependent on others.
13.	The student is physically aggressive when s/he takes issue with someone.

	0 = much less frequently than peers 1 = less frequently than peers
	2 = about the same as peers
	3 = more frequently than peers 4 = much more frequently than peers
14.	The student puts him/herself down.
15.	The student takes advantage of others.
16.	The student is pessimistic.
17.	The student interrupts others.
18.	The student gives the impression of being an expert on everything.
19.	The student is impatient.
20.	The student argues or talks-back when given instructions.
21.	The student talks negatively about others when they are not present.
22.	The student insults others.
23.	The student uses threat and intimidation to get what s/he wants.
24.	The student makes others feel they are competing with him/her.
25.	The student rejects or criticizes other people before knowing much about them.
26.	The student hurts other people while striving to reach personal goals.
27.	The student talks repeatedly about problems and worries.
28.	The student gets into arguments.
29.	The student is a sore loser.
30.	The student gives unsolicited advice.
31.	The student orders rather than requests people to do something.

	2 = about the same as peers 3 = more frequently than peers 4 = much more frequently than peers
32.	The student makes embarrassing comments.
33.	The student won't interact with peers or participate in their activities.
34.	The student makes fun of others.
35.	The student takes or uses things without permission.
36.	The student blames others for his/her problems.
37.	The student hurts others' feelings when teasing them.
38.	The student speaks in a whining tone.
39.	The student dominates conversations.
40.	The student is sarcastic.
41.	The student tells people what s/he thinks they want to hear.
42.	The student refuses to change his/her opinions or beliefs.
43.	The student criticizes people when talking to them.
44.	The student complains about trivial matters.
45.	The student perceives insults or criticism when none were intended.
46.	The student mistakenly thinks s/he is being treated unjustly or unfairly.
47.	The student uses facial expressions (e.g., rolling eyes) or sounds (e.g., sighs)
	that offend others.
48.	The student easily becomes angry.

0 = much less frequently than peers 1 = less frequently than peers

	0 = much less frequently than peers 1 = less frequently than peers 2 = about the same as peers 3 = more frequently than peers 4 = much more frequently than peers
49.	The student tries to manipulate others to do what s/he want.
50.	The student allows others to do things for him/her without reciprocating.
51.	The student acts superior to other people.
52.	The student does not reveal his/her feelings.
53.	The student brags about his/her accomplishments or abilities.
54.	The student seems bored when interacting with others.
55.	The student gloats when s/he wins.
56.	The student talks too much about him/herself.
57.	The student explains things in too much detail.
58.	The student makes sounds (e.g., burping, sniffling) that disturb others.
59.	The student criticizes behaviors or practices of others which s/he engages in.
60.	The student deceives others for personal gain.
61.	The student holds grudges.
62.	The student seeks revenge when s/he believe s/he has been wronged.
63.	The student cheats to get what s/he wants.
64.	The student steals to get what s/he wants.
65.	The student has a documented history of carrying a weapon.

	0 = much less frequently than peers 1 = less frequently than peers 2 = about the same as peers	
	3 = more frequently than peers 4 = much more frequently than peers	
66.	The student uses profanity and/or obscenities when talking.	
67.	The student uses drugs or alcohol at school.	
68.	The student exhibits gender inappropriate behavior.	
69.	The student exhibits sexual behavior inappropriate for his/her age.	
70.	The student engages in public sexual displays.	
Others:		
a.		
b.		
c.		
d.		
e.		

Problem Category Analysis of the INSB

Classification of Behaviors:

Conduct Behavior (15): 6, 7, 8, 9, 10, 12, 18, 19, 38, 44, 51, 57, 68, 69, 70

Dangerous Behavior (4): 13, 23, 65, 67

Emotional Behavior (15): 11, 14, 16, 25, 27, 29, 36, 42, 45, 46, 48, 52, 55, 61, 62

Moral Behavior (14): 15, 21, 26, 34, 35, 37, 41, 49, 50, 59, 60, 63, 64, 66

Task Behavior (5): 1, 2, 3, 4, 5

Social Behavior (17): 17, 20, 22, 24, 28, 30, 31, 32, 33, 39, 40, 43, 47, 53, 54, 56,

58

Category Averages:

Compute the average for the items in each classification category by adding the ratings for the items in each category and dividing the sum by the number of items in the category. If you have added items of your own to the scale, decide which category each one belongs in and include it in the computation. Round your averages to the nearest whole number. Place the results in the blanks below or in the blanks on the answer sheet

1.	Conduct Behavior	 4.	Dangerous Behavior	
2.	Emotional Behavior	 5.	Moral Behavior	
3.	Social Behavior	 6.	Task Behavior	

An average rating of from 0-2 represents a mild level of concern. An average rating of from 3-4 represents a moderate level of concern. An average rating of 5 or above represents a serious level of concern.