

## **Useful Conversions**

16 Tbsps = 1 cup

48 Tsps = 1 cup

### **Garlic**

Small head = 12 cloves and small clove = 1/2 Tsp minced

Medium head = 16 cloves and medium clove = 1 Tsp minced

Large head = 20 cloves and large clove = 1 & 1/2 Tsps minced

### **Onions**

Small onion = 4 to 7 ounces

Medium onion = 8 to 11 ounces

Large onion = 12 to 16 ounces

1 inch square of ginger = 2 Tbsps of grated ginger or ginger paste