

H2-Water

Below is a figure summarizing the conditions that h2-water has been found to benefit. More information is below the figure.

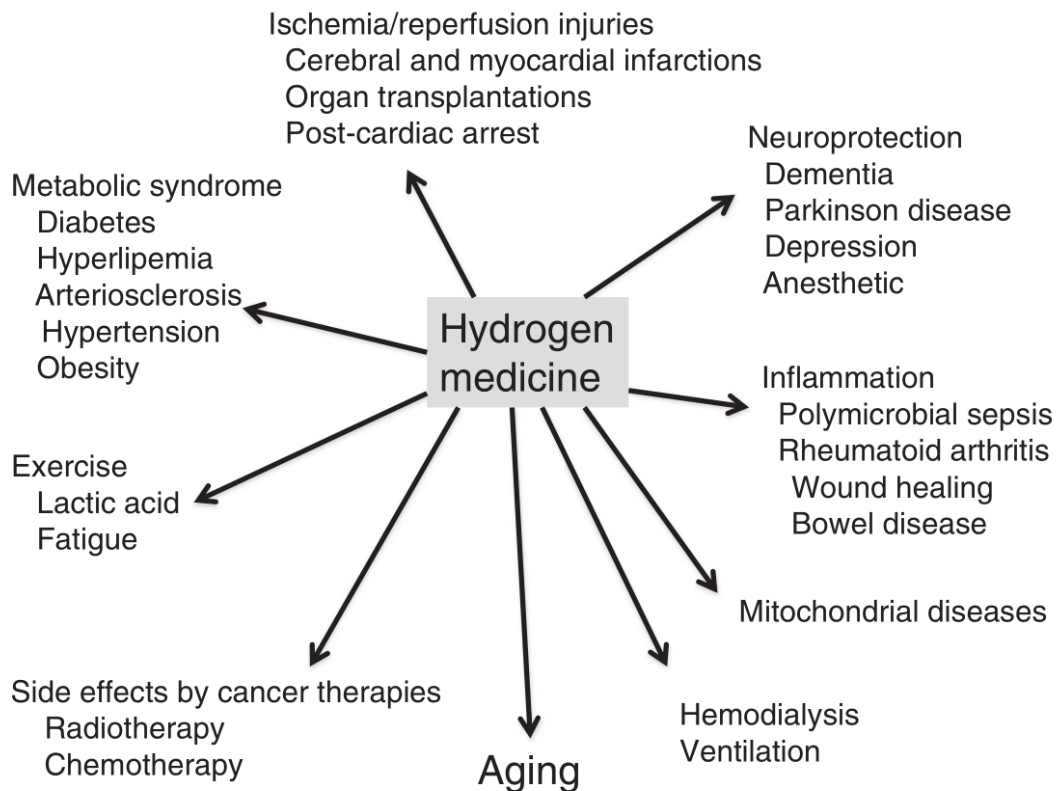


Fig. 4. Summary of potential of various preventive and therapeutic effects of H₂.

A review of research: <http://www.sciencedirect.com/science/article/pii/S0163725814000941?via%3Dihub>

Further information: <http://www.molecularhydrogenfoundation.org/>

In my opinion, the most cost efficient method of making h2-water is to use “The Hydrogen Rich Water Stick.” You can learn more at the link below. I suggest reading the Reviews and Q&A section for additional information on this product.

https://www.amazon.com/dp/B002PIJ63C/_encoding=UTF8?coliid=I22H1MQM3FLVWC&colid=NRAYNQIF7KUA