

Video and Audio Links for Self-Agency and Beyond

[Interface Theory of Reality](#)

[Monistic Idealism](#)

[Consciousness](#)

[Presence](#)

[Higher States: Meditation and Consciousness](#)

[Samadhi \(P1\)](#)

[Samadhi \(P2\)](#)

[What is Reality](#)

[Non-duality Attention Practice](#)

Audio

[Teaching Exchange: Leonard Jacobson with Student Source](#)

[Comment On the Continuity of Experience by Rupert Spira](#)

Links for two complete Spira interviews Click [Here](#) for first interview and [Here](#) for second interview

[Enza Vita on Meditation Source](#)